

# Outdoor Safety

- 1 Listen carefully to your teacher's instructions. Follow all directions. Ask questions if you don't know what to do.
- 2 Tell your teacher if you have any allergies. Let your teacher know if you have never been stung by a bee.
- 3 Never put any materials in your mouth.
- 4 Dress appropriately for the weather and the outdoor experience.
- 5 Stay within the designated study area and with your partner or group. When you hear the "freeze" signal, stop and listen to your teacher.
- 6 Never look directly at the Sun or at the sunlight being reflected off a shiny object.
- 7 Know if there are any skin-irritating plants in your schoolyard, and do not touch them. Most plants in the schoolyard are harmless.
- 8 Respect all living things. When looking under a stone or log, lift the side away from you so that any living thing can escape.
- 9 If a stinging insect is near you, stay calm and slowly walk away from it. Tell your teacher right away if you are stung or bitten.
- 10 Never release any living things into the environment unless you collected them there.
- 11 Always wash your hands with soap and warm water after handling plants, animals, and soil.
- 12 Return to the classroom with all of the materials you brought outside.

